

NewYouPlan 

*Transformation Challenge*

**£30,000 Cash Prize Pool**

**I AM IN**

**Set Yourself FREE in 2023**



**WE ARE GIVING AWAY £5,000 CASH EVERY 2 MONTHS IN 2023**

Enter as many times as you like with Bi-Monthly submission dates:  
28th Feb, 30th April, 30th June, 31st Aug 31st Oct, 31st Dec.



Even if you dont think you will enter take a photo anyway!



For a breakdown of prizes, categories and all the details on how to enter and the challenge T&Cs, scan the QR code or visit our website [www.thenewyouplan.com](http://www.thenewyouplan.com)

**\* Take Your Before photo with this side showing**

I Set Myself FREE in 2023!

I DID IT!

A New  
Me!

NewYouPlan 

\* Take Your After photo with this side showing