

NewYou
Plan 



£8000 SUMMER Transformation Challenge

I AM IN I Can, I Will, Watch

PRIZE POOL OF £8000 TO BE WON!

HOW TO ENTER:

Take a clear full length “before photo” holding this side of the poster. You can share your photo on social media for a chance to win a weekly spot prize, or if you prefer not to show it until you complete your transformation, that’s okay!

Take your “after photo” and submit by September 22nd 2020 using the second poster on the next page.

Submit your before & after photos to support@thenewyouplan.com for your chance to WIN! A full list of prizes and terms & conditions can be found on our website.

NewYou
Plan 

I DID IT!
a new me
SUMMER
2020



NewYouPlan 